

'Liberton Gilmerton Sports Forum' presents

# 'Sportsfest 2012'

Friday 31<sup>st</sup> August 2pm to 6pm  
at Inch Park



**ALL Sports  
are FREE**

Qualified coaches will be available to assist throughout the day.

Participants can pre-register to attend 'Sportsfest 2012' by returning the 'Registration Form' back to their School before the event or you can register on the day at Inch Park Community Sports Club.

**Children under the age of 12 MUST be registered & accompanied by a responsible adult**



*"Comic Relief spends money raised  
by its fundraising campaigns,  
Red Nose Day and Sports Relief"*

## Programme for the day

### Outdoors

2.00 – 5.30pm	Outdoor Activities (Boccia, Cricket, Cycling, Football, Golf, Handball, Mini Sports, Rugby, Speedshot and Tennis)
3.00 – 4.00pm	Athletic running events for local Primary and Secondary Schools
4.00 – 4.15pm	Presentation ceremony for Athletics event.
4.30 – 5.30pm	Cycle races
6.00pm	Close and Prize Draw

### Indoors

2.00 – 2.30pm	Tae Kwon Do Class (12 years and under)
2.30 – 3.00pm	Zumba Class (12 years and under)
4.00 – 4.30pm	Tae Kwon Do Class (13 years and over)
4.30 – 5.00pm	Zumba Class (13 years and over)
5.00 – 5.45pm	Ibex Gymnastics demonstration

***Participants take part in any of the above activities at their own risk***

#### Registration Form

Participants Surname: ..... Forename: ..... Date of Birth: .....

Address: .....

Email address: .....

Contact Telephone No: ..... Emergency Telephone No: .....

I consent to my child participating in cycle related activities. Yes/No .....

Signed Parent/Guardian: ..... School: ..... Class: .....

It is normal practice during these types of events for the organisers to take photographs which may be published. Should you **not** wish your child to be included, please tick the box.

